

10 minutes	Tai Chi + Vocal Warmup + Henry 5 + Czech
5 minutes	DANCE PARTY!!!
10 minutes	Owen, Autumn, Mateo, Trinity, Karoline Warmup exercises with Maddie
	Lovers Picnic Table Trust Fall into Hermia Jump - 1. trust fall out of context into carry 2. jump out of context 3. Full sequence in context
	Lovers Fish Flop - 1. Dean and Ben roll on their own 2. Full sequence in context W/ SOMMERSAULT
	Helena/Demetrius Piggyback - 1. One time out of context 2. One time in context
	Helena walks across seesaw - 1. once with spotter 2. once without spotter
	Snug and Starveling seesaw fall 1. twice in context "
	Cobweb and Mote walk across seesaw - 1. once with spotter 2. once without spotter
	Bottom and Puck lift and carry
10 minutes	Owen, Autumn, Mateo, & Trinity Pole / Tumble Time
TOTAL = 29 minutes	